

Annual Review 2025 – 2026



**Responding to need.
Helping people to lead fulfilled lives.**

Charity no. 512992

Our Vision

is a world where everyone matters. Where all people and communities thrive and have a genuine sense of belonging.



Our Mission

is to respond to need, helping all people to lead fulfilled lives through our range of services and partnerships.



Our Values

guide how we care for and support the people we work with.



Our inspiration is the example of Jesus in the Gospel and the Catholic Social Teaching that flows from this.



Our year in figures



350 staff



200+ volunteers



Accommodated and cared for 215 vulnerable people



1,836 families supported



5997 people provided with advice (housing, immigration, benefits etc.)



Reduced isolation for over 600 older people



13,000+ food parcels



27 children and young people supported in foster care



Welcome

**Fionnuala Hegarty, Chair of Trustees
and Joanne Watters, CEO**

Dear Friends,

Welcome to our Father Hudson's Caritas 2025/26 annual review.

You will read in this review the difference our services have made to the lives of individuals and families across our 5 themes of disability, refugees and migrants, older people, children and families, and homelessness. Such as 'E' who was supported by Brushstrokes when he was homeless following family breakdown and is now in employment.

Our reach across the Archdiocese of Birmingham has meant we have **supported 20,328 people**. All made possible through the contributions of our supporters and partners – such as donations of food, corporate volunteering days, financial donations from regular givers, fundraising events, grants and trusts. **We thank everyone for their support**, including Parishes, the Diocesan Education Service and Schools.

We are inspired by the commitment and dedication of our **350 staff and 200 volunteers**, who bring our organisational values of respect, compassion, and inclusivity to life each day.

This year our Trustees have continued to lead the direction of the charity, working with the management team to deliver our **new strategy**.



**Financial
sustainability**



**Living our mission
and values**



**Impact and
quality**

With your continued support, we can deliver our mission to help those in need live fulfilled lives, guided by the Gospel and Catholic Social Teaching *"Whatever you did for one of the least of these brothers and sisters of mine, you did for me"* (Matthew 25:40).

With our thanks and prayers.

Fionnuala (Chair) and Joanne (CEO)

Homelessness

Refugees & Migrants

Children & Families

Older People

Disability

Homelessness



Tabor Living and **Fatima House** provide a safe home for people who have experienced or are at risk of homelessness.

Tabor Living provides accommodation and support to those experiencing or at risk of homelessness.

Our small specialist staff team and over 60 volunteers use a strengths-based approach working with guests, to develop their skills and confidence to live independently.



Full capacity from
October – January
(20 beds)



61 individuals provided
with accommodation
and support



75% of our guests had successful move ons.



Two guests are
in the process
of applying for
mortgages.

45% moved into
their own private
rented
accommodation

20% into other
suitable
accommodation

We have attended events to raise awareness in the local community and build contacts that will benefit our guests.

Sharon and Caroline have been named as Hidden Heroes by LoveBrum.



8th anniversary celebrations

In September 2025 Tabor Living celebrated its 8th anniversary. The occasion was marked with the Lord Lieutenant Derrick Anderson.

We reflected on our journey, with volunteers, guests, staff and supporters (both past and present) being part of the special event.





Homelessness

Tackling food poverty and building friendships

This year **Tabor Living** collaborated with the Companions of the Order of Malta and St Catherine of Siena Parish and successfully launched the Companions' Café. The café takes place monthly and welcomes people who are experiencing homelessness, poverty, or are feeling isolated.



3,017 volunteering hours at **Tabor Living**

Tabor Living said thank you to volunteers with a daffodil walk around Cannon Hill park

Fatima House

Fatima House in central Birmingham offers accommodation to women needing protection.

It is a partnership project of Father Hudson's Caritas, the Columban Missionaries, a local Catholic parish, the Archdiocese of Birmingham, and the St Vincent de Paul Society. The Columban Missionaries lead on the day-to-day operations of the project.



The project supported 14 female residents this year

As well as accommodation, residents participate in wellbeing activities, receive reviews of their immigration cases, and access communal areas offering computers, gardening and crafts.





Supporting Refugees & Migrants

Our **Brushstrokes Community Project**, **Sophia House**, **Nicolas Barré House** and **Francis House** 'welcome the stranger' and support people to feel safe and secure as they settle into life in the UK.



Brushstrokes Community Project offers a holistic advice and support service to refugees and migrants across Sandwell, Dudley, West Birmingham and surrounding areas.

In June 2025 we introduced weekly triage drop-in sessions, which significantly increased access and capacity.



5,997 advice clients

Over 15,900 client visits to centre



**1,104 families
418 single parents**



123 nationalities

55 preferred languages



£947,816 secured in financial outcomes for clients

25th anniversary celebrations

Brushstrokes marked its 25th anniversary with a community event bringing together staff, volunteers, partners and civic leaders.

The celebration highlighted our long-standing role in fostering community cohesion and inclusion, exemplified by contributions from volunteers and former service users.





E's story: Life-changing support

E is a young man from Ghana who came to the UK as a teenager to live with his mother and stepfather. Family breakdown meant he was forced to leave home. He approached Brushstrokes in a state of distress, feeling hopeless and close to giving up and returning to Ghana. He was reliant on friends' sofas, had no stable food supply, and was struggling both practically and emotionally.

Brushstrokes provided support for E to:

- Confirm his immigration status with the Home Office
- Advocate for benefits entitlement
- Support with food, clothing, toiletries and travel
- Access emergency shelter over winter and secure temporary accommodation
- Replace lost identity documents
- Access training opportunities
- Engage with mental health support when his emotional wellbeing deteriorated.



Sophia House
4 women



One resident graduated and got a job as a social worker

Nicolas Barré House
7 men



Two successful move ons:

- Full time employment
- University

Francis House
One family

Our new property welcomed a family who were struggling in emergency accommodation

Volunteering across Father Hudson's

Over 200 volunteers play an essential role in our organisation.

Brushstrokes marked Volunteers' Week with an Appreciation lunch and certificates.

You can read about the impact Pat Bowen had as a Young at Heart volunteer in this review.



6,299 volunteering hours at
Brushstrokes Community Project

Children and Families

New Routes Fostering recruits, trains and supports foster carers to provide a secure, happy environment for children. **Origins** helps a person find out about their family of origin and supports them with the emotional impact. Our **Family Support Service** gives whole family support through times of difficulty.



New Routes Fostering is a not for profit fostering agency. We provide support to our Foster Carers to enable children and young people to grow and thrive.



14 foster carers, 27 children

We do this by recruiting, training, and supporting Foster Carers who can open their hearts and their homes to children and young people unable to live with their birth families.

Keeping connections, building positive bonds

Foster carers were supporting a young man to re-connect with his birth family as their relationship had drifted. The carers encouraged the boy and his mother to set up a family WhatsApp group so that he could communicate easily with his mother and siblings.

On his mother's birthday, the carers supported him to buy her a gift and gave him money to take her out to lunch. This was much appreciated by his mother and supported the positive relationship between family and carers. The young man was able to see that the significant adults in his life got along and respected each other.

Two siblings share their experience

They treat us like the best ever; they are quiet and gentle with us, even when we don't show our love back. They took us to Italy where we really enjoyed ourselves. I am just really happy to have them. T, aged 10

I will never give them up, because they are very kind to us. Even when they are old, I will do my best to love them back. I want to stay forever; I will always drive them around even when I am a policeman. J, aged 9



Origins:

Support after adoption and care



304 new record enquiries

Origins provides support for those who have been impacted by childhood separation from their family of origin through adoption or by being in care.

Our Origins Service continued to be busy, with requests for tracing people separated by adoption.

Government funding is currently available for individuals to access intermediary services that relate to adoptions up to 1976.

We have been re-connecting people whose adoption took place in England - we almost always find the person we are looking for or find what has happened to them.

This past year we have found birth parents in various countries such as Spain, Germany, Ireland and America.



Through Origins we share information from our childhood records of those who were adopted or spent time in care.

In later years, when older family members are no longer around, our records are often the only source of key information to answer questions on identity.

Handwritten history

Some of our older files have lots of correspondence because all communication was by letter and not by phone calls.

Origins have just shared records with a woman whose father had been in Father Hudson's as a child from 1913 to 1920. She has received 180 pages, many of which were letters, which we shared as a precious collection of family history from over a hundred years ago.

*favorite game
nearby Torrefuro is
memory called the mem
favorite. You don't see a*

Family Support in Schools

Delivered in 16 schools in Birmingham, Stoke on Trent, Newcastle-under-Lyme and Banbury.

over 300 families supported



2/3 received individual family support according to their needs, lasting 12-18 months.



1/3 support delivered through drop-in sessions, parent/stay & play, coffee mornings – to support families in crisis, poverty and housing needs.

Fundraising for family activities

The Family Support Team carried out additional fundraising this year through sponsored walks and a half marathon.

The money raised was used to offer a more varied and richer activity programme for all of our families to take part in during the school holidays.



The programme helped children and families to make memories, connect, engage and experience fun activities both indoors and outdoors.

Monkey Forest



Brampton Park



Cannon Hill Park



Think Tank Museum



Banbury





Schools Engagement

We have continued to strengthen relationships with Schools across the Archdiocese of Birmingham, helping to raise awareness of our services and promote social action to deliver our mission.

- Delivered over 250 assemblies covering our five themes.
- Our focus this year has been on disability awareness and on inspiring creative ideas for schools to fundraise and support our work.



- In June 2025 at the Birmingham Diocesan Education Service's annual conference, we were presented with a cheque for £123,098.49 – all fundraised by schools!
- Throughout the year our Good Shepherd Masses across the Diocese thanked students for all their fundraising.

Reverse Advent Appeal 2025 – schools donating 36 tonnes of food. These were distributed to projects and services the length and breadth of the Archdiocese.



Archdiocese of Birmingham
Diocesan Education Service

We have continued to work closely with the DES within the new Primary Discerning Disciples Curriculum.

Dignity of
the Human
Person

Family
&
Community

Dignity
of
Work

Rights
&
Responsibilities

Solidarity
&
the Common
Good

Option
for the poor
& vulnerable

Stewardship
of Gods
Creation



Parish Engagement

This year we have continued to engage with Parishes across the Archdiocese of Birmingham to promote social action and support our mission.

Parishes have supported in many ways this year:

- *Christmas Giving Trees – so every child has something to open.*
- *Giving generously to the annual second collection.*
- *Donating food and essential items*
- *Volunteering*



A **Welcoming Church group** focused on **Disability** and created an Archdiocese inclusion policy and audit for Churches to foster greater inclusion.

Partnership activities included events with CAFOD, Justice and Peace, and Kenelm Youth Trust, providing fruitful engagement across the Archdiocese.

The new **Diocesan Caritas Working Group** brings together Catholic partners concerned with promoting peace, justice and social action.

If your parish would like to get involved in our Welcoming Church or other activities please get in touch.

Older People

In **St Joseph's Care Home** we care for older people and those with dementia. Our **Young at Heart** project in North Staffordshire reduces loneliness through social activities

St Joseph's Care Home provided specialised dementia care, residential and respite care, with rooms for up to 59 residents .

As well as compassionate care, we engaged residents with activities in the home and trips to local garden centres. We welcomed family and friends into the home for birthday parties and celebrations. Our relatives group is chaired by a residents relative and met regularly.

Compassionate care



St Joseph's offers end of life care for residents

On behalf of my brother and I we just wanted to say a massive thank you to all of the staff past and present on Topaz who have cared for mom over these past two years. Your support during her final hours was exemplary and it gave us great comfort to know that she was surrounded by people that really cared for her.



www.stjosephscarehome.co.uk

Celebrating staff success



Pauline is a wing manager at St Joseph's. She won a Longevity of Service award at Care Awards held at Botanical Gardens in September 2025.

Well done Pauline! That award was very much deserved you go above and beyond for every resident, relative and staff member at St Joseph's.
Shelley, St Joseph's Manager

Based in North Staffordshire, the Young at Heart project supports isolated and older people by providing social activities and groups offering music, history, craft and sport activities.

Young
at Heart



A Father Hudson's Caritas Project

Young at Heart groups promote social engagement and wellbeing and encourage the contribution of lived experience through a Beneficiaries Advisory Forum.



15 groups



600 older
people
supported



80+
volunteers

The Legacy of Pat Bowen

Pat has been with Young at Heart since the start in 2014. Pat started as a volunteer in Meir group, before she became lead volunteer supporting the Meir volunteer team.

Last year Pat was determined to get Meir group out on a trip, and even though she was fighting her cancer battle, the group managed to get to the Arboretum and to Shugborough Hall where everybody had a lovely time. With Pat's wishes in mind the next trip has been arranged in her memory, a trip to Llandudno.



Pat as a person was special, with a smile that bought people together, **she was the 'heart' bit of Young at Heart**, and even in her last days where her fight had become too much, she was still holding on to her role, keeping Alex informed of everything in the best way she could. Whilst she is missed more than she would know, Meir Group and Pat's legacy will continue.

Disability



Our Disability services, **Coleshill Day Services**, **St Catherine's Bungalows** and **Domiciliary Care and Supported Living** provide support, based on an individual's needs while maximising their choices and enjoyment of life.

Coleshill Day Services

24 people attended the day service from Warwickshire, Birmingham and Solihull. Our centre includes a sensory room, hydrotherapy pool and kitchen.

The activities we provide maximise our clients potential to join in with daily living tasks, make new friends and have fun.

As well as a varied timetable of events at the centre, our day programme includes activities in the community like ice skating, the cinema or trying to score a strike at the bowling alley.

Supporting families, building relationships

Our service provides a valuable and much needed respite for families and carers. It is really important to everyone at day services that we don't just support our clients but we build strong relationships with families and carers so we can support each other to provide the best possible care.



Jamie attends Coleshill Day Services daily. We are grateful to his family who generously commissioned a potter to work with everyone at day services and this wonderful bird bath was created. They also donated plants and a wind chime which Jamie and all at day services love, thank you!





St Catherine's Bungalows

Our bungalows are home to 16 people with complex care and support needs.

We provide specialist residential care for adults.

At St Catherine's Bungalows we encourage residents to join in with varied opportunities, support them to take holidays and short breaks, and have active social lives. We welcome residents' families being involved in care planning for their loved ones where possible.

Amanda's story:

Due to a family bereavement, Amanda sadly had stopped engaging in daily tasks and activities, and was withdrawn.

Through support from our dedicated team and referrals to external specialists we ensured Amanda received the specialist services she needed, including speech and language, psychology and psychiatry. Staff received specialist training to understand what and how Amanda was feeling and learn approaches that could help. This, along with all of the support of her family and their dog Maisy, helped Amanda to re-engage.

Amanda loves brushing Maisy, offering her carrot stick treats and going out with her for walks. She recently celebrated her 40th birthday by going to London with her Mum, two sisters and Clare, her keyworker, to watch Abba Voyage.

Amanda, with her Mum and sisters at Abba Voyage

Helen, Bungalow Manager, said, I am so proud of the support the staff have offered Amanda in what has been a very challenging time - I am ultimately proud of Amanda too for how far she has come and that she has her smile back.





Domiciliary Care & Supported Living

We offer supported tenancies and support people in their own homes to lead an independent life.

15 adults with learning disabilities and/or mental health needs benefit from tenancies in Father Hudson's Caritas supported living accommodation, with 3 more individuals receiving support in their own homes.

Rich's story:

I grew up as a child knowing that I was different to a lot of other children because I have Down Syndrome. My parents have always known that I wanted to live independently, but they were not sure there would be a place in the area to facilitate my needs and enable me to live the life that I have always wished for.

In January 2019, I got my first flat with Father Hudson's Caritas. I have made so many new friends and the staff are so good to me. I have learnt how to cook for myself, and I also get support from my keyworker with financial management.

Now I have a job that I enjoy, I go swimming twice a week and I have skiing practice most Sunday's. The training helps me to get fit and prepared for swimming competitions and the Special Skiing Olympics.

I really enjoy my life, and I cannot thank Father Hudson's Caritas enough!

Rich with his swimming medals - he won 1st in 50m breaststroke and 1st in 100m freestyle, achieving personal bests for both!

Scan to watch Rich skiing in Pila, Italy



Support Us

A heartfelt thank you to everyone who has supported us over the year – individuals, families, businesses, organisations, volunteers, parishes, schools and local communities.

Become a Regular Giver

Make a monthly donation to provide ongoing support for our work. Complete and return the attached form (UK taxpayers please tick the Gift Aid box).



Volunteer



Give back to your local community and support people in need. Visit www.fatherhudsons.org.uk/volunteer/



Join our Lottery

You could win a weekly jackpot of £25k. Entries are £1 per week, with 50% of each stake returned to Father Hudson's Caritas.



Scan the QR code to enter

Fundraise – Organise your own fundraising event, get in touch fundraising@fatherhudsons.org.uk



Linda challenged herself to walk 10,000 steps every day and raised funds for St Catherine's Bungalows

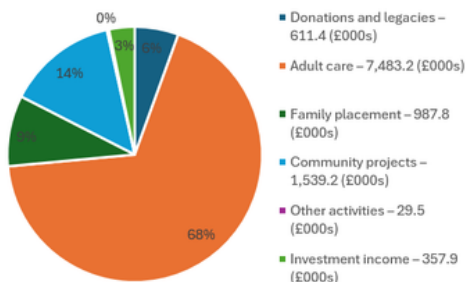
*Nicole took on a skydive in Byron Bay, raising £825 before Gift Aid. **Thank you so much!***



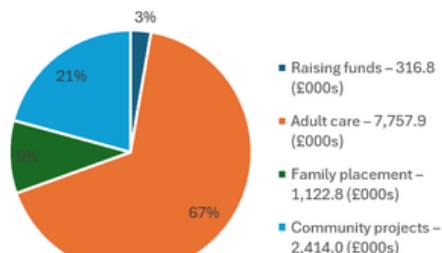
Income & Expenditure

1st April 2025 – 31st March 2026

Income £11,009,000



Expenditure £11,611,500



Our People, Values and Inclusion

Father Hudson's Caritas is driven by seven organisational values:



These values shape our culture, guide decision-making and underpin how we recruit, develop and support our staff and volunteers.

We are committed to promoting equality, diversity and inclusion across all areas of our work. This includes an active staff EDI group, regular workforce monitoring and inclusive leadership practices embedded through management and supervision.

We are proud to have achieved Disability Confident Employer status, reflecting our commitment to inclusive recruitment and meaningful workplace adjustments.



Supporting local charities

Father Hudson's Caritas continue to provide three local charities below with recruitment, payroll, HR and governance support



aims to seek out, reach and support the most isolated, vulnerable and disadvantaged people in Wolverhampton.



provides social activities for older people and adults with learning disabilities in Kingstanding, Birmingham.



is a place of welcome for asylum seekers and refugees, which aims to relieve poverty and improve their lives.

Contact Us

Father Hudson's Caritas
St George's House
Gerards Way
Coleshill
B46 3FG

www.fatherhudsons.org.uk
enquiries@fatherhudsons.org.uk
01675 434000

Keep in touch, stay updated



Follow us on social media and share our posts to help us reach more people.



@FatherHudsons



@FatherHudsons



@Father-Hudsons



@FatherHudsonsCaritas



Scan the QR code to **sign up** to our newsletter and receive regular updates.



Responding to need. Helping people to lead fulfilled lives.



Registered in England and Wales, No. 1653388.
Registered Charity No. 512992.

Make a regular donation to Father Hudson Caritas

Please fill in the whole form using a ball point pen and send to:



Father Hudson's Caritas
St George's House
Gerards Way
Coleshill
Birmingham
B46 3FG

Reference Number

R	G						
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Instruction to your bank or building society

Please pay Father Hudson's Caritas Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Father Hudson's Caritas and, if so, details will be passed electronically to my bank/building society.

Name(s) of Account Holder(s)

Bank/Building Society account number

--	--	--	--	--	--	--	--

Branch Sort Code

--	--	--	--	--	--

Name and postal address of your Bank or Building Society

To: The Manager	Bank/Building Society
Address	
Postcode	

Signature(s)
Date

I would like to give

£	
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☐ Monthly ☐ Quarterly ☐ Yearly

On the 15th of the necessary month(s)

Banks and Building Societies may not accept Direct Debit Instructions for some types of account.

The Direct Debit Guarantee

- This guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits
- If there are any changes to the amount, date or frequency of your Direct Debit Father Hudson's Caritas will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Father Hudson's Caritas to collect a payment, confirmation of the amount and date will be given to you at the time of request
- If an error is made in the payment of your Direct Debit, by Father Hudson's Caritas or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society
 - If you receive a refund you are not entitled to, you must pay it back when Father Hudson's Caritas asks you to
- You can cancel a direct debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

Can you help?

Contact details Please fill in whether you are making a one-off or a regular donation

Full Name				
Address			Postcode	
Telephone				
Email				

Make a one-off donation

I wish to give	£	to support the work of Father Hudson's Caritas	
☐	I enclose a Cheque/Postal order/CAF voucher made payable to Father Hudson's Caritas , or		
☐	Please debit my Visa/Mastercard/Maestro/CAF card:		
Card Number			
Valid from	/	Expiry date	/
Signature		Date	

We would love to keep you informed about our work, please tick how you wish to be notified.

☐

Please keep me informed by email

☐

Please keep me informed by post

Your data is safe with us. We will not share your data with any other organisation for marketing purposes. For more information on data protection, read our privacy policy on our website, www.fatherhudsons.org.uk, or email enquiries@fatherhudsons.org.uk.

Gift Aid allows many supporters to boost their donations by 25p for every £1 they donate. Gift Aid is reclaimed by Father Hudson's Caritas from the tax supporters pay for the current tax year. Your address is needed for HM Revenue and Customs to identify you as a current UK taxpayer.

giftaid it

☐

By ticking this box I confirm that:

- I am a UK taxpayer. Please treat all donations I make or have made to Father Hudson's Caritas for the past 4 years as Gift Aid donations until I notify you otherwise.
- I understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Please notify Father Hudson's Caritas if you want to cancel this declaration, if you change your name or home address, or if you no longer pay sufficient tax on your income and/or capital gains.