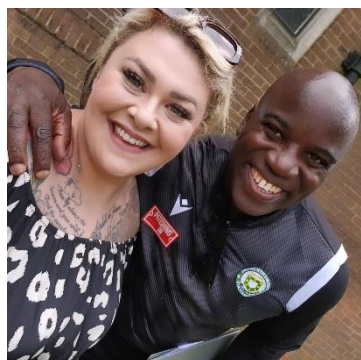




DOMICILIARY CARE/SUPPORTED LIVING NEWSLETTER

AUGUST - DECEMBER 2025

IF ANYONE HAS ANY VIEWS OR SUGGESTIONS THAT THEY WOULD LIKE TO SHARE PLEASE CONTACT ANDREW PENNY OR ASHLEY COLEMAN ON 01675 434026



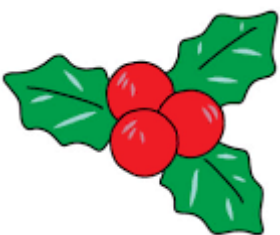
Hello and welcome to the final edition of the newsletter for 2025. As you can imagine, we are all preparing for the upcoming festivities. This is the favourite part of the year for me because it galvanises all of us together to engage in many beautiful activities over the festive period.

We have an upcoming Christmas craft workshop; we will be performing once again at Father Hudson's Christmas Advent Service at St. Teresa's Church on 10th December and we also have our Christmas party at St.



George's House on 17th December.

This time of the year is also important to Father Hudson's Caritas because it enables everyone to celebrate Jesus being born on 25th December, which is significant part of the Catholic and Christian values and beliefs. I feel that Christmas brings everyone together and it does not matter where you come from or what beliefs you have, it just feels that it brings everyone in unison. This period always brings a sense of togetherness, love, unity, strength, compassion and happiness.



As you will see in our last edition of the newsletter for this year, there have been plenty of activities and adventures happening for our tenants. You will see birthday celebrations, holiday excursions, daily living at St. Vincent's House, and other sociable activities with the tenants and staff.

We have a new gentleman that we are now supporting in Coleshill. We would like to welcome Lee to the domiciliary care/supported living family, and we thank Lee and his family for choosing us and giving us the pleasure of working with him.

We would also like to congratulate Sue Parr on completing her NVQ level 2 in Health and Social Care.

This is the time of the year where I send out the Adult Care Satisfaction Questionnaires to all families and friends, and I thank everyone who has returned them to us. If you have not returned the questionnaires yet I would appreciate if you could do so soon. Your input and opinion is so invaluable to us!

I have to say once again it has been a pleasurable year working with all my fabulous tenants and dedicated staff team. I really do not take my work for granted and do feel like I am in a privileged position to be able to come into work every day enjoying the environment, people and loving the work I do.

I am looking forward to seeing a lot of you at the Christmas party however if you cannot make it, I really hope that you have a wonderful Christmas and a Happy New Year and I am pretty sure that I will be speaking to most of you fairly soon.

To all family members and friends of the tenants, I would like to say from all of us at domiciliary care/supported living, thank you so much for your co-operation and support because it means a lot to all

of us and it allows us to continue to do our very best to support your loved ones to the level that they deserve.

All the best,

Andrew Penny – registered manager



SNOWDOME TRIP

Mark enjoys going out into the community often and visits many places of interest. Here he is at the Snowdome in Tamworth with his support staff, Jane.



PLANTERS

Mark also visited Planters in Tamworth where he enjoyed looking at the Christmas decorations and also

had lunch with a
yummy hot chocolate.



HALLOWEEN 2025

Tenants and staff celebrated Halloween together, decorating their flats and taking part in some arts and crafts including pumpkin carving.







Brighton

Richard recently went on a trip to Brighton with his PA Nick. He visited Brighton Hove Albion FC Stadium, went to the beach and also enjoyed a jail escape game.





Sunday at St. Vincent's House

Every Sunday, the tenants and staff get together for a Sunday lunch. Tenants and staff each help to prepare the lunch and enjoy the socialisation of the day.

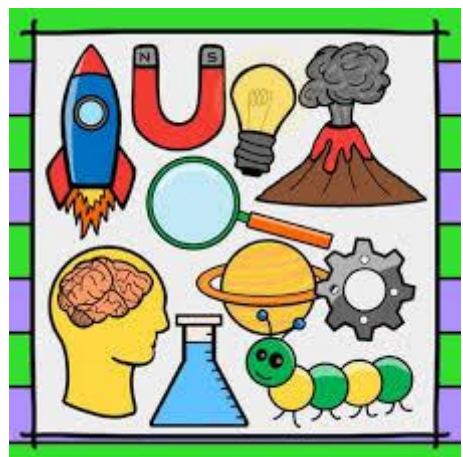
Here we can see Peter preparing the vegetables for everyone.





Science museum

Mark recently visited the Science Museum in Birmingham. He enjoyed looking at all of the different displays with his support staff, Sue and Jane.





Remembrance Sunday

On Remembrance Sunday, Neil represented Father Hudson's at the parade in Coleshill.

Janine and the tenants also made poppies to decorate St. Vincent's House.



Birthday celebrations

Over the past couple of months, some tenants have celebrated their birthdays.

They chose how to spend their day and enjoyed celebrations with their friends and support staff.

Richard...



Jenny at the Harvester for her 65th Birthday...



Tattoo designing

Here are Jenny, Kris and Marina designing tattoos on their arms in Jenny's flat...



Costa

Here is Emma and John, enjoying a nice hot coffee from Costa and a brisk walk around Coleshill...

COSTA

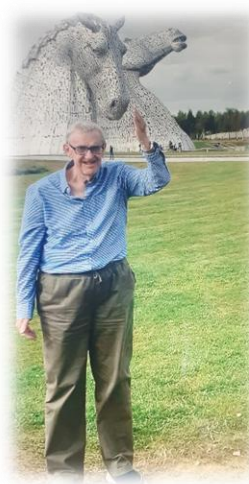


Military Tattoo event

Neil and Kevin went to the Military Tattoo Event in Edinburgh in August 2025. The event was held in The Esplanade of Edinburgh Castle and the theme this year was "The Heroes Who Made Us".

The show incorporated a blend of tradition and innovation, including a storyteller for the first time, a celebration of Edinburgh's 900th anniversary, and a climactic choral piece and the lone piper. The performances featured precision drilling, music, dance, and modern projection and laser technology on the castle backdrop.

Here are some photos...



Christmas activities

Neil and Emma are getting ready for the festive period by going out to do some christmas shopping in Birmingham with their support staff.



Christmas party



We are holding our annual Christmas party this year on Wednesday 17th December 6-9pm.

It will be held in the board room at St. George's House, and all are welcome.

Come and join the festive fun with light refreshments, and Christmas music from our resident DJ, Neil.



QUIZ TIME

Have a go at our quiz time. The answers are on the next page. No cheating though 😊

1. What is celebrated on February 2 and is also a film?
2. What was Twitter's original name?
3. How many stars are on the European Union Flag?
4. What's the most popular drink in the world that is not alcohol?
5. Which planet is the hottest in the solar system?
6. Which country invented tea?
7. How many stripes does Adidas have?
8. How many eyes does a bee have?
9. What is the tallest breed of dog in the world?
10. How many ribs are in a human body?
11. What's the national flower of Japan?
12. How many bones are in the human body?
13. How many hearts does an octopus have?
14. Who, in 1903, was the first woman to win a Nobel Prize?
15. What is the highest-grossing Broadway show of all time?
16. What is the capital of India?
17. What is the human body's largest organ?
18. What year was the first iPhone released?
19. What is the deadliest mammal?
20. How many colours will you find in a regular bag of M&Ms?

GUESS THE YEAR

1. When was the declaration of independence signed in the USA?
2. When was 'Home Alone' released?
3. When was "Oops!... I Did It Again" by Britney Spears?
4. When was Abraham Lincoln assassinated?
5. When was Pearl Harbor bombed?
6. When did the first same-sex marriage take place in the UK?
7. When was "You're the One That I Want" by John Travolta and Olivia Newton-John released?
8. When was "Sugar" by Maroon 5 released?
9. When was "Someone Like You" by Adele released?
10. When was the last season of The Big Bang Theory released?

ANSWERS

1. Groundhog Day
2. Twttr
3. 12
4. Coffee
5. Venus
6. China
7. 3
8. 5
9. The Great Dane
10. 24
11. Cherry blossom
12. 206
13. 3
14. Marie Curie
15. The Lion King
16. New Dehli
17. Skin
18. 2007
19. Hippo
20. 6

GUESS THE YEAR

1. 1776
2. 1990
3. 2000
4. 1865
5. 1941
6. 2014
7. 1978
8. 2015
9. 2011
10. 2019