



DOMICILIARY CARE/SUPPORTED LIVING NEWSLETTER

JANUARY - MARCH 2025

IF ANYONE HAS ANY VIEWS OR SUGGESTIONS THAT THEY WOULD LIKE TO SHARE PLEASE CONTACT ANDREW PENNY OR ASHLEY COLEMAN ON 01675 434026



Hello and welcome to the first edition of domiciliary care/supported living newsletter of 2025! We always look forward to displaying our newsletter to everyone so that you can all see the wonderful things that have been happening recently with our fabulous tenants. The team and tenants were really active over the Christmas period. Once again, the domiciliary choir performed at the Father Hudson's Advent Service at St. Teresa's Church in Coleshill. We invited all family and friends to the Christmas party, where Neil was the resident DJ for the evening, playing his fantastic Christmas songs for everyone.

We also continued our support campaign for Birmingham Dogs Home, where a lot of people from the Father Hudson's family donated various toys and treats for the cause. On behalf of the Birmingham Dogs Home, I would like to thank everyone for their support and kind contributions because we all know how much this helps the charity in their need of caring for these beautiful dogs that are looking for their forever homes.

I would like to thank Peter and Karen Godfrey for the Positive Mental Health event that took place a few weeks ago in the communal room. This was a great success. Peter demonstrated his unique yoga and keep fit classes for everyone. John belted out his karaoke songs and Karen Godfrey and Janine put on a delicious spread for everyone that attended.

I would also like to welcome Brianna and Ella to the team. Brianna is a young, enthusiastic lady who is studying Health and Social Care at college and is hoping to gain more experience and knowledge at Father Hudson's. Brianna is definitely with the right team to learn and gain much more experience and knowledge for her future gains. Ella has experience already and has joined Mark's team. I believe that Ella will be a fantastic addition to this team and wish her every success in her role.

As you will see, there are many wonderful photos in this newsletter, and I just beam with pride as the registered manager seeing how happy and active all the tenants are.

I will assure you all that activities and events will continue, and I would like to thank all of my team, families and friends for their hard work, contributions and support.

It is a total pleasure for me to manage and work with such an amazing team and also have the privilege to support these brilliant tenants that just fill me with enjoyment and pride.

I really hope that you all enjoy our first newsletter of 2025, and I hope to see or speak to you all soon in the near future.

Best wishes

Andrew Penny.

Christmas 2024

The tenants and staff celebrated Christmas by doing various Christmassy activities. They also enjoyed a Christmas party and Christmas dinner all together in the communal room.





The Christmas party...





The Christmas Advent Service...



Bowling

Marina took John on a bowling trip to Resorts World. As you can see, they had lots of fun...



Gardening

Tenants helped tidy up the garden at St. Vincent's House. They thoroughly enjoy this activity which promotes their independence as well as providing opportunity for socialising with their friends...



Coffee break

John and Neil enjoyed going to Middleton Hall in North Warwickshire. Middleton Hall is set in 42 acres of countryside and is run by a charitable trust. John and Neil visit here regularly and enjoy a coffee and slice of cake.



And Peter enjoys going for afternoon tea on the high street with his support staff...



Trip out

Peter and went on a trip to with Emma to Middleton Hall. Peter really enjoys getting outdoors and exploring places of interest.



Skiing Trip

Richard recently went on a skiing trip to Pila, Italy with his teammates...



Welcome to Brianna and Ella

A huge welcome to our newest members of staff, Brianna and Ella.

Brianna joined the team in December 2024 and Ella joined us in January 2025 and we are delighted to have them on board.

Brianna is currently at college doing a health and social care qualification. Ella is currently working with us alongside studying. Both are delighted to be working for Father Hudson's as this will gain them more experience and knowledge for the future.

We all wish Brianna and Ella every success in their new role.



Neil's cake making

Neil decided that he wanted to make a cake for the people at head office. His support worker assisted him in making this very yummy chocolate cake.



Coffee morning

John goes to the weekly coffee morning that is held at the church in Coleshill. He enjoys socialising there with his support staff and the other local people that attend.



Happy Birthday!!

Megan celebrated her birthday in February with friends. Adam also celebrated his birthday in February.



Positive Mental Health Friday

Karen Godfrey came up with a brilliant idea to have a Positive Mental Health Friday at St. Vincent's House. She came up with the idea of celebrating mental health to all the people in the world who have fought this battle throughout their lives and have turned their lives around and celebrate their new journey. Karen and Janine put on a beautiful buffet for everyone, Peter did an exercise and yoga class, and John did a karaoke session which everyone thoroughly enjoyed.



Take A Break

John has support from Take A Break which is in Nuneaton. Take a Break has been supporting people with disabilities since 1996 through a variety of clubs and individual support options. At a recent awards ceremony, John was given a certificate for technology and a medal and trophy for fitness. Well done John! We are very proud of you!!



Golfing



John enjoys going to various places of interest, one of which being the golf range. Here he is enjoying a few putts.



Valentine's Day

Peter celebrated Valentine's Day by getting together with his support team for tea and biscuits. He bought himself some lovely gifts with the support of the staff.



Jenny's delightful pub treat

Jenny, her boyfriend and Marina went to the pub where she enjoyed a very scrumptious sundae with her pint!



Birmingham Dogs Home

Over the past four years Birmingham Dogs Home have had an increase of dogs coming into their service. This is a cause close to our hearts and tenants and staff visited the Dogs Home to take lots of toys and treats that have been donated from various people. We would like to thank all of the staff across Father Hudson's who have made kind contributions.

Birmingham
Dogs
Home





Emma's artwork

Emma, support worker, likes to do drawing in her spare time and has created some beautiful artwork. Emma never believed that her pictures would be good enough to be displayed but when Ashley saw these gorgeous pictures, he encouraged Emma to put them up for all to see in the communal room. We thank Emma for this stunning artwork.



Neil's bowling success



As we all know, Neil is a passionate bowler, and he is fully committed to this game.

Neil goes ten-pin bowling weekly with his support staff. His favourite bowling alley is in Tamworth.

As you can see from the photo below, Neil's scores are getting better and better.

Big congratulations to Neil for his massive achievement again.



Neil likes to attend bowling with his friend, John and they are both competitive players that take great pride in winning. They both understand that the main aim is all about participating and enjoyment.



QUIZ TIME

Have a go at our quiz time. The answers are on the next page. No cheating though 😊

1. In which part of your body would you find the cruciate ligament?
2. What is the most populated city in Australia?
3. What is the name of the main antagonist in the Shakespeare play Othello?
4. When was the movie the Titanic released?
5. What element is denoted by the chemical symbol Sn in the periodic table?
6. Which popular video game franchise has released games with the subtitles World at War and Black Ops?
7. In what US state is the city Nashville?
8. What are the five colours of the Olympic rings?
9. At which venue is the British Grand Prix held?
10. In horse racing, the annual Cheltenham Gold Cup takes place in which month?
11. In what decade was pop icon Madonna born?
12. Which two country singers famously sang together on 1983 song Islands in the Stream?
13. What instrument did Louis Armstrong play?
14. What year did Elvis die?
15. Who was the first presenter of the X Factor in the UK?
16. Which actor played the Ninth Doctor in Doctor Who?
17. The Simpsons was the spin-off show of which American sketch series?

GUESS THE YEAR

1. Margaret Thatcher becomes Prime Minister, and The Clash release the album London Calling?
2. Both the Challenger, and Chernobyl disasters?
3. Deaths of Winston Churchill, and Malcolm X?
4. Dog licences are abolished, and British viewers see Scott and Charlene's wedding on Neighbours?
5. Wikipedia is launched, and the two-wheeled Segway becomes available?

ANSWERS

1. Knee
2. Sydney
3. Iago
4. 1997
5. Tin
6. Call of Duty
7. Tennessee
8. Blue, yellow, black, green and red
9. Silverstone
10. March
11. 1950's (1958)
12. Kenny Rogers and Dolly Parton
13. Trumpet
14. 1977
15. Kate Thornton
16. Christopher Eccleston
17. The Tracey Ullman Show

GUESS THE YEAR

1. 1979
2. 1986
3. 1965
4. 1988
5. 2001