

Father Hudson's Care Good Shepherd Appeal Challenges

Challenges

We are keen to see some of the work that you are creating inspired by our projects so we are going to set you some challenges and each week we will post our favourite responses on social media. You can complete them in any order and if you would like some more inspiration then please visit our website where you can learn more about our work and the people we help.

1. Young at Heart works with older people who feel lonely. We invite them to a group to do something once a week. This includes gardening, playing cricket, or have lunch. Draw a picture of something you would like to do at one of these events
2. All of our projects work to inspire hope in the people we work with. Write a short story about hope.
3. St Catherine's Bungalows and Day Service both help people to live a life of their choosing. Their work inspires us every day. Write a poem about what inspires you.



Christmas Lunch at Young at Heart



Simon and his team prepare to ascend

You can share photographs or scans of your work with us at goodshepherd@fatherhudsons.org.uk and we will share our favourites on social media. You can follow us on Facebook and Twitter to see the most exciting works we receive each week. **Remember** to send in your name and age as well as an email address that we can send you a certificate.

Write a letter



People living in St Joseph's Care Home have not been able to see their families and friends as much as usual. If your class would like to send a letter or picture to bring joy to people living there email goodshepherd@fatherhudsons.org.uk and we can make arrangements for your classes work to be shared.